

STRUCTURAL TENSION CHART*

Name: _____

Date: _____

Date Range: From _____ To _____

Type of Goal: _____



Goal/Vision → (What you want to accomplish/create – end result desired)

ACTION STEPS TO BE TAKEN TO ACCOMPLISH GOAL

Step 10

Step 9

Step 8

Step 7

Step 6

Step 5

Step 4

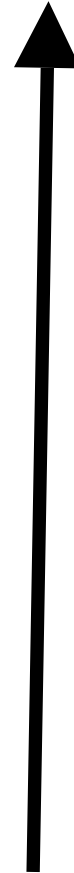
Step 3

Step 2

Step 1

COMPLETE BY

2ND LEVEL?



Current Reality

Today's Date: _____